

Fortsetzung Bewerb 7 - 200m Rücken Damen

Int. Austrian Championships

3.	Benova, Dana	1956	CZE	PK Masters Usti nad Labem	04:52,67	+01:16.36	225
RT +0.85 50m: 01:09,95, 100m: 02:26,26 (01:16,31), 150m: 03:42,96 (01:16,70), 200m: 04:52,67 (01:09,71)							

Fortsetzung Bewerb 8 - 200m Rücken Herren

Int. Austrian Championships

2.	Valtr, Vaclav	1956	CZE	PK Masters Usti nad Labem	02:58,18	+04.93	673
RT +0.88 50m: 00:42,18, 100m: 01:27,27 (00:45,09), 150m: 02:13,52 (00:46,25), 200m: 02:58,18 (00:44,66)							

Fortsetzung Bewerb 11 - 200m Lagen Damen

Int. Austrian Championships

1.	Benova, Dana	1956	CZE	PK Masters Usti nad Labem	05:13,14		192
RT +0.69 50m: 01:21,72, 100m: 02:41,09 (01:19,37), 150m: 04:00,10 (01:19,01), 200m: 05:13,14 (01:13,04)							

Fortsetzung Bewerb 12 - 200m Lagen Herren

Int. Austrian Championships

1.	Valtr, Vaclav	1956	CZE	PK Masters Usti nad Labem	02:57,30		677
RT +0.88 50m: 00:37,62, 100m: 01:24,10 (00:46,48), 150m: 02:17,31 (00:53,21), 200m: 02:57,30 (00:39,99)							

--- 3. Abschnitt ---

Fortsetzung Bewerb 17 - 100m Lagen Herren

Int. Vienna Championships

16.	Valtr, Vaclav	1956	CZE	PK Masters Usti nad Labem	01:19,03	+16.84	708
RT +0.86 50m: 00:36,83, 100m: 01:19,03 (00:42,20)							

Fortsetzung Bewerb 20 - 200m Brust Damen

Int. Austrian Championships

3.	Benova, Dana	1956	CZE	PK Masters Usti nad Labem	05:21,32	+01:37.82	246
RT +0.69 50m: 01:14,33, 100m: 02:37,42 (01:23,09), 150m: 04:02,15 (01:24,73), 200m: 05:21,32 (01:19,17)							

Fortsetzung Bewerb 23 - 200m Freistil Herren

Int. Austrian Championships

2. Valtr, Vaclav	1956	CZE	PK Masters Usti nad Labem	02:38,16	+00.19	634
RT +0.86 50m: 00:37,58, 100m: 01:18,11 (00:40,53), 150m: 01:59,26 (00:41,15), 200m: 02:38,16 (00:38,90)						

Fortsetzung Bewerb 26 - 400m Lagen Damen

Int. Vienna Championships

5. Benova, Dana	1956	CZE	PK Masters Usti nad Labem	10:45,29	+05:29.43	223
RT +0.64 50m: 01:23,33, 100m: 03:02,02 (01:38,69), 150m: 04:25,86 (01:23,84), 200m: 05:43,69 (01:17,83) 250m: 07:01,92 (01:18,23), 300m: 08:20,64 (01:18,72), 350m: 09:34,41 (01:13,77), 400m: 10:45,29 (01:10,88)						

--- 4. Abschnitt ---

Fortsetzung Bewerb 35 - 50m Brust Herren

Int. Vienna Championships

17. Valtr, Vaclav	1956	CZE	PK Masters Usti nad Labem	00:39,86	+09.68	634
RT +0.83 50m: 00:39,86						

Fortsetzung Bewerb 38 - 400m Freistil Damen

Int. Vienna Championships

21. Benova, Dana	1956	CZE	PK Masters Usti nad Labem	09:26,77	+04:44.22	207
RT +0.67 50m: 01:02,33, 100m: 02:13,17 (01:10,84), 150m: 03:25,21 (01:12,04), 200m: 04:38,94 (01:13,73) 250m: 05:51,80 (01:12,86), 300m: 07:04,59 (01:12,79), 350m: 08:16,13 (01:11,54), 400m: 09:26,77 (01:10,64)						

Fortsetzung Bewerb 39 - 400m Freistil Herren

Int. Vienna Championships

13. Valtr, Vaclav	1956	CZE	PK Masters Usti nad Labem	05:44,61	+01:31.80	612
RT +0.89 50m: 00:40,33, 100m: 01:23,86 (00:43,53), 150m: 02:08,44 (00:44,58), 200m: 02:53,06 (00:44,62) 250m: 03:37,22 (00:44,16), 300m: 04:21,47 (00:44,25), 350m: 05:04,20 (00:42,73), 400m: 05:44,61 (00:40,41)						